

# CONFIDENTIAL INTAKE FORM A

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_  
(First) (M.I.) (Last) [ ] Female [ ] Male

Mailing Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell #: \_\_\_\_\_ Preferred No. \_\_\_\_\_

Occupation/Employer: \_\_\_\_\_ Education: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Marital Status (if applies): [ ] married [ ] legal sep. [ ] divorced [ ] separated

No. of prior marriages: \_\_\_\_\_ Year of last divorce: \_\_\_\_\_ Year of recent marriage: \_\_\_\_\_

Partner's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Occupation: \_\_\_\_\_

Total # of Children: \_\_\_\_\_ Names/Ages of Children living with you: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Date of Last Visit: \_\_\_\_\_

Location: \_\_\_\_\_ Tel: \_\_\_\_\_

Stress/Chronic Medical Conditions: \_\_\_\_\_

Medications: \_\_\_\_\_

Prescribed By: \_\_\_\_\_

Number of Siblings: \_\_\_\_\_ Your birth order: \_\_\_\_\_ Mother's Age: \_\_\_\_\_ Father's Age: \_\_\_\_\_

Have you ever been abused? [ ] Sexually [ ] Physically [ ] Emotionally By whom? \_\_\_\_\_

History of alcohol, drug, or mental health problems with:

Mother and mother's family? \_\_\_\_\_

Father and father's family? \_\_\_\_\_

Brothers and sisters? \_\_\_\_\_

Situational/Stressors: \_\_\_\_\_ Veteran? \_\_\_\_\_

Gender Identity/Orientation: \_\_\_\_\_ Religion/Ethnicity: \_\_\_\_\_

Describe Current Use of Nicotine/Alcohol/Drugs: \_\_\_\_\_

Mental Health Treatment History (inpatient/outpatient/dates/providers): \_\_\_\_\_

What issues/problems do you wish to address in this therapy? \_\_\_\_\_

Please check box if you feel: [ ] sad/hopeless/disinterested in living [ ] at risk of harm to yourself or [ ] to others

Are you satisfied with your sleep? [ ] Yes [ ] No If not, do you have trouble: falling asleep? [ ] Yes [ ] No

staying asleep? [ ] Yes [ ] No

Today's Date: \_\_\_\_\_ Your Age: \_\_\_\_\_

feeling refreshed? [ ] Yes [ ] No

Email Address: \_\_\_\_\_

Revised: 03/22